Milton Roberts Recreation Center Presents...Over 50, Active and Loving It!



Would you like more opportunities to be active? Are you over the age of 50?

If so, come join us at Milton Roberts for fun, socialization and getting active! We are offering a variety of activities that include but are not limited to, walking, water aerobics (offsite), bingo, cards and board games, covered dish lunches and dinners, dominos, field trips, arts and crafts and **SO MUCH MORE!**

Where: Milton Roberts Recreation Center 5900 ASHEVILLE HWY

When: 10am-2pm

Tuesdays and Thursdays

*Starts 9/6/16

Contact Lisa or D'Angelo for more details! 865-546-4536













